

# Resultater – MTBO Vinterserie 2017 afdeling St Dyrehave

2017-11-18

H12		(17 / 18)		Tid	Efter
1.	Jacob Steinthal		FIF Hillerød Orientering	1:07:48	
	3:58 (3:58)	4:20 (8:18)	4:14 (12:32)	8:16 (20:48)	6:25 (32:44)
	4:56 (37:40)	4:26 (42:06)	4:41 (46:47)	8:58 (55:45)	3:48 (1:07:48)
2.	Claes Lindberg		Lunds OK	1:11:11	+3:23
	4:32 (4:32)	4:47 (9:19)	4:25 (13:44)	6:05 (19:49)	6:06 (32:08)
	5:27 (37:35)	4:55 (42:30)	6:22 (47:58)	9:38 (57:36)	4:26 (1:11:11)
3.	Louis Steinthal		FIF Hillerød Orientering	1:11:46	+3:58
	5:03 (5:03)	4:42 (9:45)	4:37 (14:22)	4:53 (19:15)	7:20 (33:24)
	5:45 (39:09)	4:59 (44:08)	5:39 (49:47)	9:31 (59:18)	8:03 (1:07:21)
4.	Leif E. Larsen		Tisvilde Hegn OK	1:13:47	+5:59
	4:45 (4:45)	4:44 (9:29)	4:36 (14:05)	5:36 (19:41)	6:21 (33:05)
	5:42 (38:47)	5:27 (44:14)	6:22 (50:36)	10:23 (1:00:59)	8:23 (1:09:22)
5.	Preben Brinch		FIF Hillerød Orientering	1:15:37	+7:49
	4:59 (4:59)	5:13 (10:12)	4:37 (14:49)	5:25 (20:14)	7:03 (27:17)
	6:06 (40:30)	5:31 (46:01)	5:51 (51:52)	10:16 (1:02:08)	8:57 (1:11:05)
6.	Per Seidelin		Lyngby OK	1:17:26	+9:38
	4:55 (4:55)	4:42 (9:37)	4:59 (14:36)	4:55 (19:31)	6:19 (34:38)
	5:36 (40:14)	5:04 (45:18)	9:06 (54:24)	9:12 (1:03:36)	6:23 (1:17:26)
7.	Peter Olsen		Køge OK	1:19:05	+11:17
	4:53 (4:53)	4:12 (9:05)	4:30 (13:35)	6:09 (19:44)	7:00 (26:44)
	5:20 (38:22)	4:27 (42:49)	6:09 (48:58)	17:02 (1:06:00)	9:01 (1:15:01)
8.	Ole D. Jensen		Tisvilde Hegn OK	1:20:58	+13:10
	5:03 (5:03)	5:04 (10:07)	5:07 (15:14)	5:29 (20:43)	7:18 (28:01)
	6:31 (42:21)	8:33 (50:54)	6:30 (57:24)	10:06 (1:07:30)	8:45 (1:16:15)
9.	Peter Brown		OK ØST Birkerød	1:22:51	+15:03
	4:32 (4:32)	7:12 (11:44)	6:07 (17:51)	6:48 (24:39)	7:50 (32:29)
	6:51 (46:18)	5:46 (52:04)	6:33 (58:37)	12:05 (1:10:42)	6:58 (39:27)
10.	Peter Langkilde		FIF Hillerød Orientering	1:23:01	+15:13
	5:00 (5:00)	4:53 (9:53)	4:32 (14:25)	6:33 (20:58)	6:41 (27:39)
	6:35 (41:31)	5:47 (47:18)	6:24 (53:42)	12:07 (1:05:49)	11:35 (1:17:24)
11.	John Michelsen		Allerød OK	1:28:30	+20:42
	4:51 (4:51)	4:47 (9:38)	5:02 (14:40)	6:06 (20:46)	9:17 (30:03)
	5:59 (43:05)	5:07 (48:12)	13:08 (1:01:20)	13:08 (1:14:28)	8:26 (1:22:54)
12.	Ole Galle		Tisvilde Hegn OK	1:28:56	+21:08
	5:11 (5:11)	5:09 (10:20)	4:53 (15:13)	6:18 (21:31)	7:23 (28:54)
	6:20 (43:02)	5:51 (48:53)	8:47 (57:40)	15:10 (1:12:50)	10:19 (1:23:09)
13.	Torben W. Petersen		OK ØST Birkerød	1:34:08	+26:20
	5:05 (5:05)	5:18 (10:23)	4:48 (15:11)	6:57 (22:08)	10:03 (32:11)
	8:55 (52:17)	6:47 (59:04)	6:03 (1:05:07)	12:37 (1:17:44)	10:23 (1:28:07)
14.	Jan Persson		Ystads OK	5:06:48	+239:00
	– (3:37:24)	5:32 (3:42:56)	4:43 (3:47:39)	6:01 (3:53:40)	8:24 (4:02:04)
	6:52 (4:16:47)	5:59 (4:22:46)	7:05 (4:29:51)	11:48 (4:41:39)	17:57 (4:59:36)
	Arne Præstholm		Allerød OK	Fejlklip	
	4:41 (4:41)	4:47 (9:28)	4:47 (14:15)	6:25 (20:40)	7:27 (28:07)
	5:41 (41:18)	8:05 (49:23)	6:14 (55:37)	– (–)	– (1:12:41)
	Jesper Andersen		FSK Orientering	Fejlklip	
	– (–)	– (–)	– (–)	– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)	– (–)
	Finn Runge Andrés		Det skæve hjul	Ej startet	
					– (1:14:41)
H18		(35 / 35)		Tid	Efter
1.	Michael Sommer		OK ØST Birkerød	1:14:49	
	3:39 (3:39)	3:30 (7:09)	3:33 (10:42)	3:30 (14:12)	4:23 (18:35)
	4:09 (27:26)	3:37 (31:03)	4:11 (35:14)	7:15 (42:29)	5:31 (48:00)
	8:22 (1:03:59)	7:41 (1:11:40)	3:09 (1:14:49)		7:37 (55:37)
2.	Thomas Steinthal		FIF Hillerød Orientering	1:15:26	+0:37
	3:12 (3:12)	3:16 (6:28)	3:18 (9:46)	3:25 (13:11)	4:45 (17:56)
	3:56 (26:16)	3:33 (29:49)	4:07 (33:56)	6:21 (40:17)	4:24 (22:20)
	7:44 (1:00:53)	7:46 (1:08:39)	6:47 (1:15:26)		5:19 (45:36)
3.	Björn Völcker		Lunds OK	1:15:50	+1:01
	4:08 (4:08)	3:23 (7:31)	3:59 (11:30)	4:09 (15:39)	4:41 (20:20)
	4:06 (29:15)	3:46 (33:01)	4:03 (37:04)	6:40 (43:44)	4:49 (25:09)
	8:26 (1:05:02)	7:28 (1:12:30)	3:20 (1:15:50)		5:23 (49:07)
4.	Steven Hansen		OK ØST Birkerød	1:18:37	+3:48
	4:00 (4:00)	3:30 (7:30)	3:58 (11:28)	3:44 (15:12)	4:36 (19:48)
	4:31 (29:03)	4:09 (33:12)	4:17 (37:29)	7:34 (45:03)	4:44 (24:32)
	7:58 (1:07:21)	7:58 (1:15:19)	3:18 (1:18:37)		6:18 (51:21)
5.	Mikkel Brunstedt Nørgaard		OK ØST Birkerød	1:19:00	+4:11
	3:23 (3:23)	3:19 (6:42)	3:41 (10:23)	4:25 (14:48)	4:35 (19:23)
	3:56 (27:27)	6:40 (34:07)	4:31 (38:38)	6:48 (45:26)	6:22 (51:48)
	8:27 (1:08:05)	8:03 (1:16:08)	2:52 (1:19:00)		4:08 (23:31)
6.	Nils Pistora		Lunds OK	1:19:10	+4:21
	3:57 (3:57)	3:44 (7:41)	3:49 (11:30)	3:47 (15:17)	4:39 (19:56)
	4:25 (29:24)	4:00 (33:24)	4:24 (37:48)	7:05 (44:53)	5:03 (24:59)
	7:54 (1:07:22)	8:10 (1:15:32)	3:38 (1:19:10)		6:30 (51:23)
7.	Johan Holkmann Jacobsen		OK ØST Birkerød	1:20:36	+5:47
	3:41 (3:41)	3:36 (7:17)	3:50 (11:07)	4:18 (15:25)	5:16 (20:41)
	4:34 (29:57)	4:04 (34:01)	4:17 (38:18)	7:38 (45:56)	4:42 (25:23)
	7:42 (1:07:40)	9:17 (1:16:57)	3:39 (1:20:36)		6:24 (52:20)
8.	Morten Bang Nørgaard		OK ØST Birkerød	1:23:45	+8:56
	3:28 (3:28)	4:30 (7:58)	4:19 (12:17)	4:47 (17:04)	5:00 (22:04)
	5:13 (32:37)	3:57 (36:34)	4:39 (41:13)	7:17 (48:30)	5:20 (27:24)
	8:24 (1:11:54)	8:29 (1:20:23)	3:22 (1:23:45)		6:45 (55:15)
9.	Claus Brun Stalknecht		FIF Hillerød Orientering	1:24:46	+9:57
	3:40 (3:40)	3:28 (7:08)	4:11 (11:19)	4:39 (15:58)	4:49 (25:31)
	4:09 (29:40)	3:54 (33:34)	4:32 (38:06)	11:28 (49:34)	7:47 (1:03:22)
	8:54 (1:12:16)	8:25 (1:20:41)	4:05 (1:24:46)		6:01 (55:35)

10.	Claus Rasmussen	OK Roskilde	1:28:03 +13:14		
	4:11 (4:11)	4:02 (8:13)	4:25 (12:38)	4:34 (17:12)	5:20 (22:32)
	4:41 (32:32)	4:19 (36:51)	4:54 (41:45)	7:49 (49:34)	6:48 (56:22)
	8:59 (1:15:12)	9:01 (1:24:13)	3:50 (1:28:03)		9:51 (1:06:13)
11.	Michael Lindholm	OK Sorø	1:28:15 +13:26		
	3:54 (3:54)	3:43 (7:37)	3:40 (11:17)	7:27 (18:44)	5:50 (24:34)
	6:50 (36:34)	4:09 (40:43)	4:31 (45:14)	7:01 (52:15)	6:11 (58:26)
	8:45 (1:15:21)	9:19 (1:24:40)	3:35 (1:28:15)		8:10 (1:06:36)
12.	Rasmus Skovhede Hviid	Lyngby OK	1:28:29 +13:40		
	3:57 (3:57)	4:06 (8:03)	4:10 (12:13)	7:31 (19:44)	5:17 (25:01)
	4:49 (35:09)	4:13 (39:22)	5:12 (44:34)	7:45 (52:19)	6:30 (58:49)
	9:27 (1:16:38)	8:23 (1:25:01)	3:28 (1:28:29)		5:19 (30:20)
13.	Peter Sandvang	FIF Hillerød Orientering	1:28:32 +13:43		
	3:45 (3:45)	3:30 (7:15)	4:00 (11:15)	5:23 (16:38)	6:06 (22:44)
	4:35 (32:33)	3:49 (36:22)	7:14 (43:36)	9:05 (52:41)	6:00 (58:41)
	8:49 (1:15:32)	9:14 (1:24:46)	3:46 (1:28:32)		5:14 (27:58)
14.	Daniel Östvall	Lunds OK	1:29:48 +14:59		
	3:48 (3:48)	3:56 (7:44)	4:08 (11:52)	5:13 (17:05)	5:15 (22:20)
	4:45 (32:27)	4:38 (37:05)	5:43 (42:48)	8:14 (51:02)	6:33 (57:35)
	9:26 (1:16:41)	9:26 (1:26:07)	3:41 (1:29:48)		5:22 (27:42)
15.	Johan Svård	Lunds OK	1:30:27 +15:38		
	4:00 (4:00)	3:56 (7:56)	4:33 (12:29)	6:30 (18:59)	5:20 (24:19)
	4:59 (35:02)	4:15 (39:17)	4:53 (44:10)	8:13 (52:23)	6:20 (58:43)
	9:50 (1:17:07)	9:30 (1:26:37)	3:50 (1:30:27)		5:44 (30:03)
16.	Jonas Nordstrøm Schwartz	Amager OK	1:32:41 +17:52		
	3:45 (3:45)	3:36 (7:21)	3:55 (11:16)	5:26 (16:42)	5:13 (21:55)
	5:03 (32:58)	3:54 (36:52)	4:46 (41:38)	9:55 (51:33)	7:00 (58:33)
	9:30 (1:16:11)	12:42 (1:28:53)	3:48 (1:32:41)		6:00 (27:55)
17.	Niels Duedahl	OK ØST Birkerød	1:32:48 +17:59		
	4:17 (4:17)	4:06 (8:23)	4:40 (13:03)	4:24 (17:27)	5:50 (23:17)
	4:59 (33:52)	4:15 (38:07)	4:42 (42:49)	8:24 (51:13)	7:59 (59:12)
	8:58 (1:16:40)	11:36 (1:28:16)	4:32 (1:32:48)		5:36 (28:53)
18.	Troels Otte Andersen	Lyngby OK	1:32:53 +18:04		
	4:47 (4:47)	3:45 (8:32)	4:14 (12:46)	8:09 (20:55)	5:29 (26:24)
	4:30 (36:24)	4:07 (40:31)	7:15 (47:46)	7:50 (55:36)	4:59 (1:00:35)
	9:46 (1:18:22)	10:00 (1:28:22)	4:31 (1:32:53)		5:30 (31:54)
19.	Pesho Hedberg	Lunds OK	1:34:39 +19:50		
	4:42 (4:42)	4:24 (9:06)	4:19 (13:25)	4:29 (17:54)	6:31 (24:25)
	5:01 (35:20)	4:42 (40:02)	5:29 (45:31)	8:06 (53:37)	7:34 (1:01:11)
	9:48 (1:20:29)	10:25 (1:30:54)	3:45 (1:34:39)		5:54 (30:19)
20.	Malte Lennerstedt	Lunds OK	1:35:57 +21:08		
	4:11 (4:11)	3:54 (8:05)	4:00 (12:05)	5:53 (17:58)	5:55 (23:53)
	5:08 (34:49)	4:52 (39:41)	4:53 (44:34)	8:44 (53:18)	7:05 (1:00:23)
	10:35 (1:20:13)	11:01 (1:31:14)	4:43 (1:35:57)		5:48 (29:41)
21.	Jan Johansen	PI-København	1:38:45 +23:56		
	4:21 (4:21)	4:16 (8:37)	4:32 (13:09)	4:43 (17:52)	6:18 (24:10)
	5:39 (35:38)	5:02 (40:40)	5:46 (46:26)	9:42 (56:08)	7:46 (1:03:54)
	10:09 (1:23:51)	10:42 (1:34:33)	4:12 (1:38:45)		5:49 (29:59)
22.	Jørgen Nielsen	Allerød OK	1:38:58 +24:09		
	4:36 (4:36)	4:31 (9:07)	4:37 (13:44)	4:24 (18:08)	6:15 (24:23)
	5:25 (36:01)	5:13 (41:14)	5:21 (46:35)	9:51 (56:26)	7:32 (1:03:58)
	10:06 (1:24:00)	10:29 (1:34:29)	4:29 (1:38:58)		6:13 (30:36)
23.	Jakob Ødum	OK ØST Birkerød	1:40:16 +25:27		
	4:28 (4:28)	4:24 (8:52)	4:18 (13:10)	4:57 (18:07)	6:54 (25:01)
	5:39 (38:38)	4:44 (43:22)	5:42 (49:04)	7:56 (57:00)	6:37 (1:03:37)
	11:09 (1:23:58)	11:20 (1:35:18)	4:58 (1:40:16)		7:58 (32:59)
24.	Niels-Kristian Terkeldsen	De Hårdes Klub	1:40:27 +25:38		
	4:22 (4:22)	3:59 (8:21)	4:27 (12:48)	6:42 (19:30)	5:35 (25:05)
	4:31 (35:21)	4:11 (39:32)	4:38 (44:10)	13:27 (57:37)	7:43 (1:05:20)
	9:27 (1:23:53)	12:59 (1:36:52)	3:35 (1:40:27)		5:45 (30:50)
25.	Christian Knudsen	CK Kronborg	1:45:56 +31:07		
	4:27 (4:27)	4:38 (9:05)	4:12 (13:17)	4:59 (18:16)	6:03 (24:19)
	4:41 (35:41)	6:56 (42:37)	5:36 (48:13)	16:03 (1:04:16)	5:11 (1:09:27)
	12:07 (1:30:49)	11:26 (1:42:15)	3:41 (1:45:56)		6:41 (31:00)
26.	Arnau Ormella	Amager OK	1:58:27 +43:38		
	5:15 (5:15)	5:47 (11:02)	5:37 (16:39)	10:44 (27:23)	8:39 (36:02)
	5:39 (48:48)	5:22 (54:10)	5:39 (59:49)	9:44 (1:09:33)	8:29 (1:18:02)
	12:29 (1:40:28)	11:35 (1:52:03)	6:24 (1:58:27)		7:07 (43:09)
27.	Nicolai Kliem	Farum OK	1:58:45 +43:56		
	4:58 (4:58)	5:19 (10:17)	5:09 (15:26)	5:39 (21:05)	7:00 (28:05)
	6:09 (40:52)	6:02 (46:54)	6:36 (53:30)	11:20 (1:04:50)	9:36 (1:14:26)
	11:31 (1:38:21)	14:25 (1:52:46)	5:59 (1:58:45)		6:38 (34:43)
28.	Henrik Jørgensen	Allerød OK	2:04:46 +49:57		
	4:50 (4:50)	5:40 (10:30)	5:00 (15:30)	8:25 (23:55)	6:47 (30:42)
	6:53 (46:13)	6:55 (53:08)	6:08 (59:16)	11:04 (1:10:20)	10:23 (1:20:43)
	12:22 (1:45:36)	13:45 (1:59:21)	5:25 (2:04:46)		8:38 (39:20)
29.	Steen Leisner Larsen	Allerød OK	2:21:41 +66:52		
	5:05 (5:05)	4:47 (9:52)	4:46 (14:38)	5:19 (19:57)	7:16 (27:13)
	5:37 (39:38)	5:14 (44:52)	5:51 (50:43)	12:01 (1:02:44)	38:27 (1:41:11)
	11:20 (2:03:27)	13:16 (2:16:43)	4:58 (2:21:41)		6:48 (34:01)
	Mikael Persson	Fk Göingarna	Udgået		
	4:32 (4:32)	4:41 (9:13)	4:15 (13:28)	5:19 (18:47)	– (–)
	– (–)	– (–)	– (–)	– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)	– (–)
	Anders Bachhausen	FIF Hillerød Orientering	Ej startet		
	Andreas Brask Andersen	Lyngby OK	Ej startet		
	Claus Bredvig	OK ØST Birkerød	Ej startet		
	Fredrik Salomonsson	Skåneslättns OL	Ej startet		
	Lars M. Larsen	FIF Hillerød Orientering	Ej startet		
<b>D6</b>		<b>(4 / 4)</b>	<b>Tid Efter</b>		
1.	Mette Seir Hansen	Helsingør SOK	54:00		
	2:40 (2:40)	4:13 (6:53)	6:15 (13:08)	7:41 (26:59)	4:19 (31:18)
	6:46 (38:04)	3:40 (41:44)	5:37 (47:21)	6:39 (54:00)	

2.	Susanne Grøn		Tisvilde Hegn OK	1:02:20 +8:20		
	3:52 (3:52)	6:26 (10:18)	6:48 (17:06)	6:28 (23:34)	9:52 (33:26)	5:08 (38:34)
	6:40 (45:14)	4:27 (49:41)	4:58 (54:39)	7:41 (1:02:20)		
3.	Ann-Katrin Almquist		Fk Göingarna	1:24:52 +30:52		
	2:55 (2:55)	4:32 (7:27)	6:56 (14:23)	6:47 (21:10)	8:39 (29:49)	29:32 (59:21)
	6:37 (1:05:58)	5:01 (1:10:59)	6:08 (1:17:07)	7:45 (1:24:52)		
	Kirsten Brunstedt		OK ØST Birkerød	Fejlklip		
	2:58 (2:58)	4:34 (7:32)	6:46 (14:18)	6:21 (20:39)	9:11 (29:50)	– (–)
	– (40:37)	4:31 (45:08)	7:59 (53:07)	9:05 (1:02:12)		

**D12**

		<b>(14 / 14)</b>		<b>Tid</b>	<b>Efter</b>	
1.	Hanne Rasmussen		Allerød OK	1:14:47		
	5:20 (5:20)	4:26 (9:46)	4:13 (13:59)	4:44 (18:43)	7:44 (26:27)	6:19 (32:46)
	5:04 (37:50)	4:44 (42:34)	6:05 (48:39)	10:40 (59:19)	10:55 (1:10:14)	4:33 (1:14:47)
2.	Christine Reibert Hansen		Allerød OK	1:19:16 +4:29		
	5:41 (5:41)	5:04 (10:45)	5:58 (16:43)	5:55 (22:38)	7:55 (30:33)	6:23 (36:56)
	6:00 (42:56)	5:29 (48:25)	5:55 (54:20)	10:02 (1:04:22)	9:34 (1:13:56)	5:20 (1:19:16)
3.	Karen Sejrsgaard-Jacobsen		Allerød OK	1:19:50 +5:03		
	5:07 (5:07)	6:57 (12:04)	5:30 (17:34)	7:39 (25:13)	7:26 (32:39)	7:52 (40:31)
	6:03 (46:34)	5:43 (52:17)	6:28 (58:45)	8:45 (1:07:30)	7:17 (1:14:47)	5:03 (1:19:50)
4.	Søs Munch Hansen		OK Sorø	1:20:27 +5:40		
	4:54 (4:54)	4:44 (9:38)	4:58 (14:36)	6:18 (20:54)	7:09 (28:03)	8:06 (36:09)
	6:19 (42:28)	4:56 (47:24)	5:34 (52:58)	11:17 (1:04:15)	11:09 (1:15:24)	5:03 (1:20:27)
5.	Katja Reibert Hansen		Allerød OK	1:20:56 +6:09		
	6:14 (6:14)	5:11 (11:25)	4:33 (15:58)	5:04 (21:02)	7:23 (28:25)	8:29 (36:54)
	6:27 (43:21)	5:25 (48:46)	5:55 (54:41)	11:04 (1:05:45)	10:20 (1:16:05)	4:51 (1:20:56)
6.	Bodil Karlsmose Kliem		Farum OK	1:28:06 +13:19		
	5:27 (5:27)	5:18 (10:45)	5:08 (15:53)	7:15 (23:08)	8:10 (31:18)	7:15 (38:33)
	6:11 (44:44)	5:39 (50:23)	6:16 (56:39)	12:56 (1:09:35)	13:17 (1:22:52)	5:14 (1:28:06)
7.	Elin Nørgård Kracht		PI-København	1:30:24 +15:37		
	5:09 (5:09)	4:58 (10:07)	5:10 (15:17)	6:30 (21:47)	8:19 (30:06)	8:18 (38:24)
	7:16 (45:40)	5:37 (51:17)	6:43 (58:00)	13:44 (1:11:44)	13:18 (1:25:02)	5:22 (1:30:24)
8.	Katja Brunstedt		OK ØST Birkerød	1:32:14 +17:27		
	4:49 (4:49)	4:57 (9:46)	4:46 (14:32)	9:10 (23:42)	8:46 (32:28)	10:17 (42:45)
	7:26 (50:11)	6:29 (56:40)	6:25 (1:03:05)	12:21 (1:15:26)	10:53 (1:26:19)	5:55 (1:32:14)
9.	Marta Kliem		Farum OK	1:32:45 +17:58		
	5:21 (5:21)	5:30 (10:51)	6:01 (16:52)	7:14 (24:06)	8:52 (32:58)	9:20 (42:18)
	5:55 (48:13)	6:02 (54:15)	7:07 (1:01:22)	11:33 (1:12:55)	14:41 (1:27:36)	5:09 (1:32:45)
10.	Ingela Andersson		Lunds OK	1:33:07 +18:20		
	5:51 (5:51)	5:22 (11:13)	5:23 (16:36)	6:59 (23:35)	9:41 (33:16)	7:04 (40:20)
	7:17 (47:37)	6:50 (54:27)	6:46 (1:01:13)	13:35 (1:14:48)	12:46 (1:27:34)	5:33 (1:33:07)
11.	Birgit Hausner		OK S.G.	1:45:31 +30:44		
	6:13 (6:13)	5:42 (11:55)	6:09 (18:04)	9:34 (27:38)	9:04 (36:42)	9:08 (45:50)
	7:33 (53:23)	6:47 (1:00:10)	8:37 (1:08:47)	13:43 (1:22:30)	16:40 (1:39:10)	6:21 (1:45:31)
	Mia Brædstrup-Holm		De Hårdes Klub	Fejlklip		
	6:46 (6:46)	5:26 (12:12)	5:00 (17:12)	6:00 (23:12)	17:01 (40:13)	9:53 (50:06)
	8:56 (59:02)	6:08 (1:05:10)	11:58 (1:17:08)	– (–)	– (–)	– (1:28:56)
	Sara Lykke Brinch		FIF Hillerød Orientering	Fejlklip		
	6:04 (6:04)	6:39 (12:43)	5:45 (18:28)	7:04 (25:32)	11:02 (36:34)	11:27 (48:01)
	8:30 (56:31)	– (–)	– (–)	– (–)	– (–)	– (1:09:46)
	Agnete Svane		FIF Hillerød Orientering	Ej startet		

**D18**

		<b>(1 / 1)</b>		<b>Tid</b>	<b>Efter</b>	
1.	Cæcilie Rueløkke Christoffersen		OK ØST Birkerød	1:31:09		
	4:18 (4:18)	4:04 (8:22)	3:56 (12:18)	4:18 (16:36)	5:50 (22:26)	6:16 (28:42)
	5:07 (33:49)	4:31 (38:20)	5:07 (43:27)	8:52 (52:19)	6:35 (58:54)	9:02 (1:07:56)
	9:40 (1:17:36)	9:49 (1:27:25)	3:44 (1:31:09)			

**H6**

		<b>(8 / 8)</b>		<b>Tid</b>	<b>Efter</b>	
1.	Arne Steen Sørensen		OK ØST Birkerød	50:05		
	2:20 (2:20)	3:51 (6:11)	5:22 (11:33)	5:42 (17:15)	7:34 (24:49)	3:17 (28:06)
	4:40 (32:46)	3:21 (36:07)	5:29 (41:36)	8:29 (50:05)		
2.	Patrick Reibert Hansen		Allerød OK	51:38 +1:33		
	2:05 (2:05)	4:38 (6:43)	4:55 (11:38)	6:05 (17:43)	9:06 (26:49)	4:21 (31:10)
	4:04 (35:14)	3:15 (38:29)	5:30 (43:59)	7:39 (51:38)		
3.	Vagn Gasbjerg		FIF Hillerød Orientering	56:41 +6:36		
	2:55 (2:55)	4:20 (7:15)	6:46 (14:01)	5:21 (19:22)	8:02 (27:24)	6:04 (33:28)
	6:15 (39:43)	4:56 (44:39)	5:57 (50:36)	6:05 (56:41)		
4.	Ole Vexø		Tisvilde Hegn OK	1:04:51 +14:46		
	3:13 (3:13)	5:07 (8:20)	9:35 (17:55)	6:40 (24:35)	9:15 (33:50)	6:29 (40:19)
	8:15 (48:34)	4:34 (53:08)	5:10 (58:18)	6:33 (1:04:51)		
5.	Steen Olsen		Allerød OK	1:15:33 +25:28		
	3:47 (3:47)	4:53 (8:40)	8:55 (17:35)	7:01 (24:36)	12:23 (36:59)	10:35 (47:34)
	8:56 (56:30)	4:31 (1:01:01)	5:57 (1:06:58)	8:35 (1:15:33)		
	Søren Bjørnøen		OK ØST Birkerød	Fejlklip		
	3:19 (3:19)	5:12 (8:31)	6:47 (15:18)	6:23 (21:41)	9:11 (30:52)	– (–)
	– (41:59)	4:20 (46:19)	7:50 (54:09)	9:03 (1:03:12)		
	Tage Andersen		OK ØST Birkerød	Udgået		
	3:51 (3:51)	4:23 (8:14)	9:23 (17:37)	8:50 (26:27)	– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)		
	Steffen Hoelstad		Tisvilde Hegn OK	Ej startet		