

# Klubstartliste – SM Nat 2022

2022-03-12

## AKIF

19:28	Peter Vissing	H21	10100 m	Start	342658
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## Allerød OK

19:29	Mads Storm Lyngsø	H12	3150 m	Start	308107
19:37	Rasmus Storm Lyngsø	H14	3725 m	Start	1426048
19:41	Henrik Kärner Grooss	H14	3725 m	Start	2049221
19:37	Erik Grønborg Nielsen	H16	5775 m	Start	8656158
19:41	Mads Christian Maarup	H16	5775 m	Start	8664250
19:45	Johannes Marager	H16	5775 m	Start	8626191
19:38	Hans Grønborg Nielsen	H20	8825 m	Start	8664243
19:48	Valdemar Marager	H20	8825 m	Start	8621059
20:13	Asger Habekost Nielsen	H40	7150 m	Start	8016663
20:03	Niels-Peter Vest Nielsen	H45	6250 m	Start	8619433
19:55	Lars Lyngsø	H50	5775 m	Start	1406279
20:03	Steen T. Hasholt	H50	5775 m	Start	681772
20:09	Jens Knud Maarup	H50	5775 m	Start	8016664
20:08	Troels Bent Hansen	H60	4175 m	Start	581226
19:23	Dagmar Marager	D12	3150 m	Start	8033360
19:31	Amalie Broman	D14	3725 m	Start	8009109
19:33	Frida Kärner Grooss	D16	3625 m	Start	8668785
19:30	Hedda Kärner Grooss	D20	5450 m	Start	8640524
19:34	Amalie Ertmann	D20	5450 m	Start	8628460
19:20	Angélique Grønborg Rasmussen	D45	3825 m	Start	8005182
19:26	Hanne Rasmussen	D45	3825 m	Start	8633626
19:30	Merete Nørgaard	D45	3825 m	Start	552000
19:58	Anne Maarup	D55	3825 m	Start	8201951

## Amager OK

20:13	Christian Olsen	H50	5775 m	Start	7205424
19:21	Emma Lundsgaard	D12	3150 m	Start	7552266
19:31	Liv Lundsgaard	D16	3625 m	Start	8070718

## Ballerup OK

19:24	Kasper Ingerslev	H21	10100 m	Start	8626195
19:59	Henrik Seidelin Dam	H45	6250 m	Start	8657154
19:59	Claus Cederberg	H50	5775 m	Start	7680504
20:07	Morten Ploug	H50	5775 m	Start	721122
20:11	Carsten Gemmer Hanghøj	H50	5775 m	Start	660743
19:54	Alex Ottesen	H55	5450 m	Start	8089685
19:30	Gregers Jørgensen	H65	4175 m	Start	8620940
20:03	Kuno Rasmussen	H75	3275 m	Start	1450243
19:32	Anne Marie Thommesen	D45	3825 m	Start	7201389
19:44	Annette Bonde	D55	3825 m	Start	8667751

**Farum OK**

19:39	Anton Kupriyanov Hviid	H14	3725 m	Start	1411133
19:40	Filip Nielsen	H20	8825 m	Start	8657113
19:22	Malthe Gaarsdal	H21	10100 m	Start	8654958
20:11	Søren Jensen	H40	7150 m	Start	1411136
20:01	Claus Rytter Larsen	H50	5775 m	Start	1402032
19:48	Thomas Thilo	H55	5450 m	Start	8143223
20:12	John Hørlyk	H55	5450 m	Start	1421713
19:56	Klaus Nielsen	H60	4175 m	Start	1408242
20:02	Pablo Jensen	H60	4175 m	Start	8008521
20:10	Steen Stausholm	H60	4175 m	Start	8628467
19:34	Lars Vedel Jørgensen	H65	4175 m	Start	1450238
19:47	Kai Beck-Andersen	H70	3275 m	Start	2119100
19:33	Bendt Frandsen	H85	3275 m	Start	2083220
19:25	Augusta Thorsen	D16	3625 m	Start	8662161
19:20	Line Søderlund	D21	6250 m	Start	600014
19:36	Bodil Karlsrose Kliem	D45	3825 m	Start	348377
19:42	Birgitte Skyttthe	D55	3825 m	Start	1421716
19:52	Mette Hørlyk Friis	D55	3825 m	Start	1421712
19:23	Kit Lang Jørgensen	D65	3275 m	Start	202013

**FIF Hillerød**

19:39	Torbjørn Høyer Staugaard	H16	5775 m	Start	8224222
19:47	Niels Elton Jokumsen	H16	5775 m	Start	8009163
19:46	Lukas Kjær Hemmingsen	H20	8825 m	Start	8010702
20:00	Peter Dyrsting	H55	5450 m	Start	1407785
19:54	Søren Sloth	H60	4175 m	Start	202341
19:24	Carsten Hansen	H65	4175 m	Start	355546
19:53	Carl-Johan Rosenberg	H70	3275 m	Start	1210292
19:57	Karsten Funder	H75	3275 m	Start	8656159
20:11	Jørgen Chr. Nielsen	H75	3275 m	Start	8009107
19:32	Sigrid Høyer Staugaard	D20	5450 m	Start	8664228
19:47	Kathrine Dyrsting Sandvang	D21	6250 m	Start	1422376
19:24	Sandra Simonsen	D45	3825 m	Start	8009103
20:00	Maria Douglas	D55	3825 m	Start	8625632
19:27	Annelise Hansen	D75	3275 m	Start	9201766

**Fredensborg OK**

19:40	Max Prang	H65	4175 m	Start	8635877
20:15	Aage Damsgaard	H75	3275 m	Start	2049931

**FSK Orientering**

19:58	Lars Basballe	H60	4175 m	Start	501140
19:26	Kurt Thuesen	H65	4175 m	Start	2049952
19:48	Hanne Fogh	D55	3825 m	Start	7011222

**Helsingborgs SOK**

19:42	Sven-Åke Emanuelsson	H65	4175 m	Start	8220257
19:54	Eva Emanuelsson	D55	3825 m	Start	580421

**Helsingør SOK**

20:08	Ole Hansen	H55	5450 m	Start	1402967
19:41	Flemming Wendelboe	H70	3275 m	Start	500115
20:07	Søren A. Nielsen	H75	3275 m	Start	8143225
19:31	Jørgen Jensen	H80	3275 m	Start	8016657

**Herlufsholm OK**

–	Claus Mikkelsen	Åben 4	3700 m	Start	7000272
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**Holbæk OK**

20:06	Henrik Nielsen	H60	4175 m	Start	8022398
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**Kildeholm OK**

19:50	Leif Sudergaard	H55	5450 m	Start	1401708
19:28	Hanne N Waltenburg	D45	3825 m	Start	1413384

**Køge OK**

19:59	Karsten Richardt	H75	3275 m	Start	8657111
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**Lyngby OK**

19:20	Lukas Høghøj	H21	10100 m	Start	8002543
19:26	Mads Troelsgård	H21	10100 m	Start	8645172

**OK Roskilde**

19:39	Janne Brunstedt	H70	3275 m	Start	8230548
19:51	John Tripax	H70	3275 m	Start	8016644
20:05	Ole Svendsen	H75	3275 m	Start	501138
19:25	Inge Jørgensen	D75	3275 m	Start	8089676
–	Jesper Allan Jensen	Åben 2	4325 m	Start	8657115

**OK Skærmens Værløse**

19:38	Hakon Mosbech	H65	4175 m	Start	246410
19:45	Niels Hamborg Jensen	H70	3275 m	Start	2049230

**OK Sorø**

20:09	Kenneth Thomsen	H40	7150 m	Start	8640530
19:22	Nina Hoffmann	D45	3825 m	Start	8250573

**OK ØST Birkerød**

19:35	Alexander Johannes Mosbech Smith	H14	3725 m	Start	2134103
19:52	Rune Aagaard Lohfert Boas	H35	8825 m	Start	302108
19:58	Jan Eg Pedersen	H55	5450 m	Start	8002533
20:14	Erik Ellegaard Simonsen	H55	5450 m	Start	434105
20:14	Jens Bentsen	H60	4175 m	Start	8009124
19:22	Jens Peter Gundorf	H65	4175 m	Start	8646091

19:32	Thomas Østergaard	H65	4175 m	Start	8640545
19:25	Luna Brunstedt Jacobsen	D12	3150 m	Start	2049222
19:21	Kamma Aglund Andersen	D16	3625 m	Start	8033387
19:50	Birgitte Erskov Halland	D55	3825 m	Start	1413373
19:21	Janet Bentzen	D65	3275 m	Start	500180

**OK73**

20:13	Gunner Jørgensen	H75	3275 m	Start	40402
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**PI-København**

20:12	Jan Johansen	H60	4175 m	Start	7205429
19:36	Torkil Hansen	H65	4175 m	Start	8033358
19:34	Elin Nørgård Kracht	D45	3825 m	Start	8022612

**Søllerød OK**

19:43	Marin Philibert	H14	3725 m	Start	2033745
19:43	Nathan Philibert	H16	5775 m	Start	8282826
19:36	Sebastian Røysland Maltby	H20	8825 m	Start	8143227
19:42	Mathias Buchgreitz	H20	8825 m	Start	8002529
20:07	Simon Philibert	H40	7150 m	Start	1393176
19:55	Jesper Vestergaard	H45	6250 m	Start	8635830
20:01	David Palsgaard	H45	6250 m	Start	7209261
19:57	Erik Melbye	H50	5775 m	Start	8004302
20:05	Peter Becker	H50	5775 m	Start	1411602
19:52	Michael Graae	H55	5450 m	Start	8002532
20:06	Lars Nielsen	H55	5450 m	Start	2085955
20:00	Frede Lillelund	H60	4175 m	Start	8664232
20:04	Svend-Erik Jepsen	H60	4175 m	Start	8012350
19:28	Niels la Cour Bentzon	H65	4175 m	Start	8020955
19:55	Mogens Jørgensen	H75	3275 m	Start	8631620
19:29	Jørn Wigh	H80	3275 m	Start	2128800
19:23	Ingrid Due Nygaard	D16	3625 m	Start	8033384
19:29	Ella Reker Hadrup	D16	3625 m	Start	8620920
19:48	Aline Harmand	D35	4325 m	Start	1420129
19:46	Iben Maag	D55	3825 m	Start	8719060

**Tisvilde Hegn OK**

19:44	Tobias Olloz	H20	8825 m	Start	8061104
19:57	Peter Steen Landsperg	H45	6250 m	Start	8633612
19:53	Thomas Greve Jensen	H50	5775 m	Start	8572019
19:56	Dennis Øbro	H55	5450 m	Start	8002546
20:04	Sten Skytte Kirkegaard	H55	5450 m	Start	8635894
20:10	Tim Falck Weber	H55	5450 m	Start	8635839
19:37	Ole Galle	H70	3275 m	Start	1301728
19:43	Leif E. Larsen	H70	3275 m	Start	8692019
19:49	Peter Wraa	H70	3275 m	Start	8664225
20:01	Niels Landsperg	H75	3275 m	Start	8111644
20:09	Klaus Olsen	H75	3275 m	Start	8638413

19:27	Lucia Holck	D16	3625 m	Start	1452113
19:56	Lena Wraa	D55	3825 m	Start	8143245
<b>UAE OC</b>					
20:02	Carsten Elhøj	H55	5450 m	Start	2000312