

# Klubstartliste – Natcup 6. afd 2026

2026-01-21

## Allerød OK

1201	18:55	Freja Gudme-Knudsen	D2	6125 m	Start 2	8500995
1301	18:50	Dagmar Marager	D3	4725 m	Start 2	8033360
2201	18:50	Johannes Marager	H1	7525 m	Start 2	8626191
2202	18:50	Tore Emil Maarup	H1	7525 m	Start 2	8089688
2301	18:55	Asger Habekost Nielsen	H2	6125 m	Start 2	8016663
2302	18:55	Jens Knud Maarup	H2	6125 m	Start 2	8016664
2303	18:55	Lars Lyngsø	H2	6125 m	Start 2	8534765
2401	18:50	Jan-Erik Revsbech	H3	4725 m	Start 2	8512010

## Ballerup OK

1302	18:50	Annette Bonde	D3	4725 m	Start 2	8667751
1401	18:55	Siri Klausen	D4	3200 m	Start 2	601221
2304	18:55	Alex Ottesen	H2	6125 m	Start 2	8089685
2305	18:55	Carsten Gemmer Hanghøj	H2	6125 m	Start 2	8490743
2306	18:55	Claus Cederberg	H2	6125 m	Start 2	8505432
2307	18:55	Michael Nygaard Møller	H2	6125 m	Start 2	8512021
2308	18:55	Morten Ploug	H2	6125 m	Start 2	8505714
2402	18:50	Gregers Jørgensen	H3	4725 m	Start 2	8620940
2403	18:50	Jørgen Skaarup	H3	4725 m	Start 2	8512043

## DSR

1501	18:55	Helle Tibian	D5	3825 m	Start 2	8513706
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## Farum OK

2203	18:50	Yevhen Kandybey	H1	7525 m	Start 2	8517397
2309	18:55	Albert Tougaard Hildebrandt	H2	6125 m	Start 2	8528625
2310	18:55	Denys Kandybei	H2	6125 m	Start 2	8523618
2311	18:55	Knud Vagtborg Vang-Pedersen	H2	6125 m	Start 2	8536583
2312	18:55	Steen Stausholm	H2	6125 m	Start 2	8628467
2404	18:50	Nicolai Karlsmose Kliem	H3	4725 m	Start 2	426051
2405	18:50	Pablo Jensen	H3	4725 m	Start 2	8008521
2501	18:55	Jens Korsholm	H4	3200 m	Start 2	8667872
2502	18:55	Kai Beck-Andersen	H4	3200 m	Start 2	2119100

## FIF Hillerød

1303	18:50	Ida Nygaard Monrad	D3	4725 m	Start 2	8524563
1304	18:50	Kaya Funder Skovlyst	D3	4725 m	Start 2	8664209
1402	18:55	Rikke Nygaard Monrad	D4	3200 m	Start 2	1210280
1502	18:55	Sara Rask Andersen	D5	3825 m	Start 2	8495374
2313	18:55	Thomas Sønderkær Meyer	H2	6125 m	Start 2	8535837
2406	18:50	Carsten Hansen	H3	4725 m	Start 2	355546
2503	18:55	Carl-Johan Rosenberg	H4	3200 m	Start 2	1210292

**Fredensborg OK**

2504	18:55	Aage Damsgaard	H4	3200 m	Start 2	2049931
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**FSK Orientering**

2407	18:50	Kurt Thuesen	H3	4725 m	Start 2	8512040
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2408	18:50	Leif Pedersen	H3	4725 m	Start 2	2112887
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**Holbæk OK**

1305	18:50	Anette Kalle Larsen	D3	4725 m	Start 2	8621025
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2314	18:55	Lasse Kalle Pedersen	H2	6125 m	Start 2	8528998
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2409	18:50	Henrik Nielsen	H3	4725 m	Start 2	8022398
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2601	18:55	Johnny Hansen Boonserm	H5	3825 m	Start 2	2153445
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**Kildeholm OK**

1503	18:55	Ina Klemmensen	D5	3825 m	Start 2	2120912
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2410	18:50	Leif Sudergaard	H3	4725 m	Start 2	8635881
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**Køge OK**

2411	18:50	Gunnar Grue-Sørensen	H3	4725 m	Start 2	8657101
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**Lyngby OK**

1202	18:55	Kristine Berg Hansen	D2	6125 m	Start 2	8528627
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2204	18:50	Lukas Høghøj	H1	7525 m	Start 2	8002543
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2205	18:50	Mads Troelsgård	H1	7525 m	Start 2	8633612
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2206	18:50	Niels Peder Møller	H1	7525 m	Start 2	8506821
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2207	18:50	Simon Troelsgård	H1	7525 m	Start 2	8500985
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2315	18:55	Henrik Albahn	H2	6125 m	Start 2	888950
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**N/A**

1101	–	Clara Lolck	D Let	2750 m	Start 2	2000314
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2101	–	Christian Bertram	H Let	2750 m	Start 2	2000315
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2102	–	Oscar Benner Nihrane	H Let	2750 m	Start 2	2000316
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2602	18:55	David Nielsen	H5	3825 m	Start 2	2000313
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2603	18:55	Kasper Bagger	H5	3825 m	Start 2	2000312
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**OK Skærm Hareskov**

1306	18:50	Sofie von Hessberg	D3	4725 m	Start 2	1505248
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2505	18:55	Hakon Mosbech	H4	3200 m	Start 2	8535833
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2506	18:55	Niels Hamborg Jensen	H4	3200 m	Start 2	2049230
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2507	18:55	Søren Christensen	H4	3200 m	Start 2	8524558
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**OK ØST Birkerød**

1403	18:55	Birgitte Erskov Halland	D4	3200 m	Start 2	1413373
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1404	18:55	Janet Bentzen	D4	3200 m	Start 2	8535832
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2412	18:50	Erik Ellegaard Simonsen	H3	4725 m	Start 2	8512017
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2413	18:50	Henrik Iwersen	H3	4725 m	Start 2	2159199
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2508	18:55	Jens Peter Gundorf	H4	3200 m	Start 2	8631614
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2509	18:55	Thomas Østergaard	H4	3200 m	Start 2	8635887
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**OK73**

1307	18:50	Karin Hulgaard	D3	4725 m	Start 2	8533428
2604	18:55	Henning Drejer Olsen	H5	3825 m	Start 2	8541453
2605	18:55	Jakub Kolarik	H5	3825 m	Start 2	682689
2606	18:55	Michael Hjorth	H5	3825 m	Start 2	1170297

**OKR**

1203	18:55	Tonje Pihl	D2	6125 m	Start 2	8524562
2414	18:50	Kent Pihl	H3	4725 m	Start 2	1422371
2510	18:55	Finn Petersen	H4	3200 m	Start 2	8021053
2511	18:55	Janne Brunstedt	H4	3200 m	Start 2	8230548

**PI-København**

2415	18:50	Torkil Hansen	H3	4725 m	Start 2	8033358
2512	18:55	Peter Sørensen	H4	3200 m	Start 2	8635884

**Søllerød OK**

1102	–	Ingrid Alleslev Haulrich	D Let	2750 m	Start 2	2090021
1103	–	Mette Bæk Christiansen	D Let	2750 m	Start 2	1411616
1204	18:55	Hanna Bæk Christiansen	D2	6125 m	Start 2	8512055
1308	18:50	Anne Skovbæk	D3	4725 m	Start 2	8143213
1309	18:50	Fiona Palsgaard	D3	4725 m	Start 2	8033377
2208	18:50	Aniol Bisquert Parés	H1	7525 m	Start 2	8280100
2209	18:50	Aske Jepsen	H1	7525 m	Start 2	8681904
2210	18:50	Joakim Østergaard	H1	7525 m	Start 2	8526037
2211	18:50	Johan Lindbjerg Skovbæk	H1	7525 m	Start 2	899038
2212	18:50	Oscar Bæk Christiansen	H1	7525 m	Start 2	8646082
2213	18:50	Troels Christiansen	H1	7525 m	Start 2	8033364
2214	18:50	Ulrik Nielsen	H1	7525 m	Start 2	8040800
2316	18:55	David Palsgaard	H2	6125 m	Start 2	8506712
2317	18:55	Frede Lillelund	H2	6125 m	Start 2	8664232
2318	18:55	Jesper Vestergaard	H2	6125 m	Start 2	8635830
2319	18:55	Peter Becker	H2	6125 m	Start 2	8143228
2320	18:55	Rasmus Lüthje	H2	6125 m	Start 2	8524561
2416	18:50	Henrik Pedersen	H3	4725 m	Start 2	8196210
2417	18:50	Niels Haulrich	H3	4725 m	Start 2	2090034
2418	18:50	Svend-Erik Jepsen	H3	4725 m	Start 2	8012350

**THOK**

1205	18:55	Lucia Holck	D2	6125 m	Start 2	8524523
1310	18:50	Lena Wraa	D3	4725 m	Start 2	8143245
1405	18:55	Amalie Wraa	D4	3200 m	Start 2	1402964
2321	18:55	Bertram Kopp Stannum	H2	6125 m	Start 2	888415
2322	18:55	Peter Steen Landsperg	H2	6125 m	Start 2	8500979
2323	18:55	Rolf Valery	H2	6125 m	Start 2	8033390
2324	18:55	Tim Falck Maag	H2	6125 m	Start 2	8143233
2419	18:50	Dennis Øbro	H3	4725 m	Start 2	8500976
2420	18:50	Jakob Albahn	H3	4725 m	Start 2	8506685

2421	18:50	John Cordua	H3	4725 m	Start 2	8529012
2422	18:50	Leif E. Larsen	H3	4725 m	Start 2	8692019
2423	18:50	Sten Skytte Kirkegaard	H3	4725 m	Start 2	8635894
2513	18:55	Dan Eriksen	H4	3200 m	Start 2	8667858
2514	18:55	Louise Wraa-Hansen	H4	3200 m	Start 2	249658
2515	18:55	Niels Landsperg	H4	3200 m	Start 2	8111644
2516	18:55	Ole Galle	H4	3200 m	Start 2	8509013
2517	18:55	Peter Wraa	H4	3200 m	Start 2	8664225